



Compass Health

Advancing whole person health

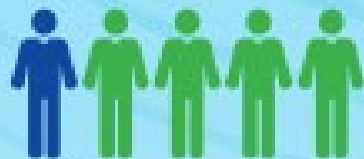


Mental Illness by the Numbers

Source: National Alliance on Mental Illness (NAMI)

You are NOT
ALONE

Millions of people are affected by mental illness each year. Across the country, many people just like you work, perform, create, compete, laugh, love and inspire every day.



1 in 5 U.S. adults
experience
mental illness

1 in 20

1 in 20 U.S. adults
experience serious
mental illness

17%

of youth (6-17 years)
experience a mental
health disorder

[47.2%](#) of U.S. adults with mental illness received treatment in 2021

[10.6%](#) of U.S. adults with mental illness had no insurance coverage in 2021

[33.5%](#) of U.S. adults with mental illness also experienced a substance use disorder in 2021 (19.4 million individuals)

[19.7%](#) of U.S. Veterans experienced a mental illness in 2020 (3.9 million people)

Among people in the U.S. under age 18, depressive disorders are the [most common](#) cause of hospitalization

Across the U.S. economy, serious mental illness causes [\\$193.2 billion](#) in lost earnings annually



- Serving 12,000 + clients
- 20+ locations across five counties
- 600+ employees
- Children, youth, adults, older adults
- From outpatient services to high-intensity inpatient care and crisis response
- Core constituency: Medicaid enrollees
- Challenges
 - Fee-for-service payment model
 - Healthcare Workforce
- Opportunities
 - CCBHC model
 - Broadway Campus Redevelopment Project



Broadway Campus Redevelopment – Phase II Marc Healing Center



Whatcom County Adult Outpatient



Who do we serve?

- Adults 18+ with a diagnosed mental health disorder

What services do we provide?

- Individual Therapy
- Case Management/Community Support
- Medication Services (with or without therapy)
- Group Therapy

How are our services provided?

- In-person at one of our clinics
- Telehealth/phone (changes since covid)

What is our approach to client care?

- Person-centered, Collaborative, Client Lead
- Strength-based
- Focus on functioning in areas of daily living, rather than symptoms



Whatcom County Child & Family Outpatient



Who do we serve?

- Children & Families 5-24 with a diagnosed mental health disorder

What services do we provide?

- Individual Therapy
- Case Management/Community Support
- Medication Services (with or without therapy)
- Group Therapy

How are our services provided?

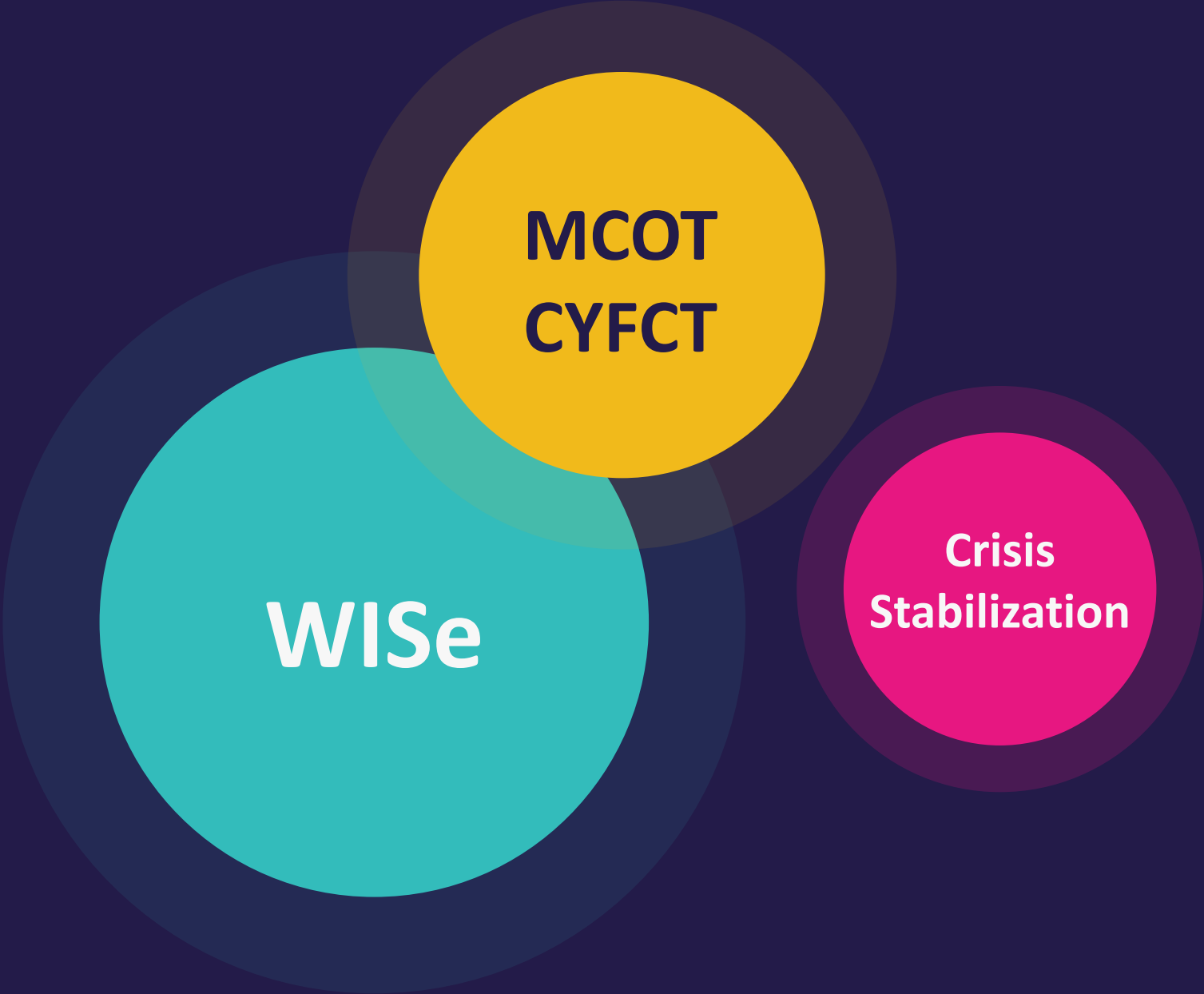
- In-person at one of our clinics – offering after hour slots
- Telehealth/phone (changes since covid)
- School Based Services - Whatcom (6)

What is our approach to client care?

- Person-centered, Collaborative, Client Lead
- Strength-based
- Focus on functioning in areas of daily living, rather than symptoms



**Other Services &
Supports provided in
Whatcom County**



Community Outreach Recovery Support (CORS)

Who do we serve?

- Adults 18+ experiencing or at risk for housing instability due to Mental Health

What services do we provide?

- Community Outreach
- Peer Support
- Case Management
 - Housing resources
 - Referrals into treatment
 - In field intake assessments
 - Basic need assistance



Whatcom CORS



How are our services provided?

- In-person in Whatcom County, primarily outreach
- Clinic/phone

What is our approach to client care?

- Peer led services
- Reducing barriers in the field to access care
- Basic needs/housing stability

How is this funded?

- Molina/CHPW provide a monthly rate + some FFS
- NS BHO provides some funding
- United Way & City of Bellingham Grant Requests pending

Who do we partner with?

Where are we going?

- Rebuild team
- Utilize aspects of this model into our outpatient CCBHC design
- Maintain our community impact



An investment from United Way

United Way's investment will support efforts to return the CORS team to the staffing level necessary to meet the needs of Whatcom County communities.

Year	CORS STAFF	CORS Clients Served
2021	3.5	419
2022	3	229
2023	2	170
2024	1.5	93
2025 (Projected)	3.5	250

Impact Stories





Thank you

